**COMMON ITEMS TOXIC TO YOUR PET**

The following is a summarized list of goods that may prove harmful should they be ingested by your pet. This list should not replace the advice of a licensed veterinarian. In the event of an emergency, please contact Thornwood Animal Hospital at (914) 769-4502, or one of the following Poison Control Hotlines:

Animal Poison Hotline: (1-888) 232-8870

ASPCA Animal Control Poison Center: (1-888) 426-4435

Pet Poison Hotline: (1-800) 213-6680

**FOODS**

**Alcohol**

Alcohol is rapidly absorbed into the bloodstream and affects pets quickly. Ingestion of alcohol can cause dangerous drops in blood sugar, blood pressure and body temperature

**Avocados**

The fatty acid “persin” in avocado leaves, fruit bark and seeds have been reported to be toxic. Symptoms include difficulty breathing, abdominal enlargement, abnormal fluid accumulations in the chest, abdomen and sac around the heart.

**Caffeine**

Coffee, tea, energy drinks, dietary pills or anything else containing caffeine should never be given to your pet, as they can affect the heart, stomach, intestines and nervous system. Symptoms include restlessness, hyperactivity, muscle twitching, increased urination, excessive panting, increased heart rate and blood pressure levels and seizures.

**Chocolate**

Cocoa and chocolate contain theobromine, a chemical that is highly toxic to dogs and cats. Ingestion of small amounts can cause vomiting and diarrhea, but ingestion of larger quantities can cause seizures and affect heart rhythm.

**Fatty Foods**

Foods that are high in fat can cause vomiting, diarrhea and pancreatitis (inflammation of the pancreas) in pets, especially in certain breeds like miniature schnauzers, Shetland sheepdogs, and Yorkshire terriers.

**Grapes and Raisins**

Just a few grapes or raisins can damage your dogs kidneys or even prove deadly.

**Macadamia Nuts**

Popular in many cookies and candies, macadamia nuts should never be given to pets. Lethargy, vomiting and loss of muscle control are among the effects of macadamia nut ingestion.

**Nutmeg**

High levels can be fatal. Signs include tremors, seizures and nervous system abnormalities.

**Onions and Garlic**

Onions and garlic in any form-even powdered- can endanger your pet’s health. Ingestion of small amounts can result in gastrointestinal upset, while larger amounts can cause severe anemia, particularly with long-term ingestion (like sprinkling it on your pet’s food).

**Salt**

Believe it or not, common table salt is poisonous to your pet but it’s not usually from table scraps. The source is often what surprises pet owners: pets often experience salt toxicity as a result of eating household play dough, swallowing too much sea water, or ingesting paint balls, which are loaded with salt. Salt toxicity can be very severe and results in neurologic signs such as lack of coordination, seizures and brain swelling, and needs to be treated carefully be a veterinarian.

**Sweeteners**

Many sugarless gums and candies contain xylitol, a natural sweetener that is acutely toxic to dogs. Ingestion causes vomiting, weakness, a life-threatening drop in blood sugar, loss of muscle control, seizures and liver failure.

**Yeast Dough**

Unbaked dough that contains yeast can expand in your pet’s stomach and intestines. As the yeast ferments, it releases gases, resulting in nausea, vomiting, diarrhea and even life threatening bloat and twisted stomach. Some yeast dough also ferments into alcohol, which contributes to signs of lethargy and alcohol toxicity.

**Sleep Aids** (Klonopin, Ambien, Lunesta, etc.)

**Muscle Relaxants** (Lioresal, Flexeril, etc.)

**Heart Medications** (Cartia, Cardizem, etc.)

**HUMAN MEDICATIONS**

**Pain Relievers**  (Advil, Aleve, Motrin, Tylenol, etc.)

**Antidepressants** (Zoloft, Cymbalta, Effexor, etc.)

**ADD/ADHD meds** (Ritalin, Vyvanse, etc.)

**HOUSEHOLD PLANTS**

**Precatory Bean**

**Privet**

**Red Emerald**

**Rhododendron**

**Ribbon Plant**

**Rose of Sharon**

**Sago Palm**

**Satin Pothos**

**Schefflera**

**Striped Dracaena**

**Sweetheart Ivy**

**Tulip**

**Water Hemlock**

**Wisteria**

**Yew**

**Yucca**

**Lantana**

**Lilies (all species)**

**Lily of the Valley**

**Lupine**

**Marble Queen**

**Morning Glory**

**Mother-in-Law**

**Mountain Laurel**

**Narcissus**

**Needlepoint Ivy**

**Nephthysis**

**Nightshade**

**Oleander**

**Panda**

**Peace Lily**

**Philodendron**

**Poison Hemlock**

**Castor Bean**

**Ceriman**

**Clematis**

**Cordatum**

**Corn Plant**

**Cycads**

**Cyclamen**

**Daffodil**

**Daylily**

**Devil’s Ivy**

**Dieffenbachia**

**Dumbcane**

**Easter Lily**

**Elephant Ears**

**Emerald Fern**

**English Ivy**

**Eucalyptus**

**Ferns**

**Fiddle-leaf Philodendron**

**Florida Beauty**

**Foxglove**

**Glacier Ivy**

**Gladiolas**

**Gold Dust Dracaena**

**Golden Pothos**

**Heavenly Bamboo**

**Honeysuckle**

**Hurricane Plant**

**Hyacinth**

**Hydrangea**

**Iris**

**Jerusalem Cherry**

**Jimson Weed**

**Kalanchoe**

**Aloe**

**Amaryllis**

**Andromeda Japonica**

**Asian Lily**

**Asparagus Fern**

**Australian Nut**

**Autumn Crocus**

**Azalea**

**Belladonna**

**Bird of Paradise Bittersweet**

**Black Locust**

**Branching Ivy**

**Buckeye**

**Buddhist Pine**

**Caladium**

**Calla Lily**